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Abstract: Should cover the aim and objectives, methods, important observations and results. It should be less than 200 words. Any abbreviations within manuscript should be written in full form. Abstract must contain important results and final conclusion of the study.

Keywords: Important keywords 4 – 6 should be mentioned for the purpose of indexing.

Introduction: should include background of the subject, earlier works carried out and the relationship and significance of this work and the aims and objectives of this study.

Materials and Methods: It should include the materials utilised, samples, participants in the study and methods used for the study like the diagnostic methods, statistical methods etc. should be mentioned in this section.

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Discussion: Important conclusions drawn from the results and their significance should be discussed. Any negative results, adverse drug reactions etc. should be mentioned in discussion.

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References:

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- If references are from journals –

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1. Guddoye, Gyaneshwarsing, and Mahesh Vyas. "Role of Diet and Lifestyle in the Management of Madhumeha (Diabetes Mellitus)." Ayu 34.2 (2013): 167–173.
2. Snehal S Bavadekar, Aniruddha R Tagare, Tushar Kakar, Sunil C Bakare, Rajesh K Ingole Preparation and physicochemical analysis of Mandoor Parpati. Int. Res. J. Pharm. 2013; 4(8):257-259.

- If references are from books -

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1. Nicki R. Colledge. Brian R. Walker. Stuart H. Ralston. Davidson's Principles and Practice of Medicine. 21 ed. Elsevier Inc. Edinburgh. 2010. 77p.

- If references are from classical/ Ancient texts:

Authors 1, 2 . Title of book. Publisher. Place of publication. Date of Publication. Topic/chapter name, Edition. shloka no. Page no.

2. Dr. Parimi Suresh, Dr. Vinaya Kumari Dhannapunei, Rasendra Sar sangraha of Shri Gopal Krishna Bhatt, Chaukhamba Sanskrit Sansthan, Varanasi, 2007, Dhanyabhraka nirman, 1sted./147-148; 49p.

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